

## EPOS BAT Advanced Course

Vienna, Austria: 2-3 October 2025



## Paediatric foot disorders

### Highlights

- Severe paediatric foot disorders
- Clubfoot. Always Ponseti?
- Surgery in flexible symptomatic flatfoot
- Coalitions
- Hallux valgus in children
- Tumors in child foot

### Methods of education

- Theoretical lectures
- Controversial issues
- Techniques in Paediatric Orthopaedic Surgery
- Casting techniques
- Bone models
- Workshops

# Welcome



Maurizio De Pellegrin



Sebastian Farr



Carol-C. Hasler

Dear Colleagues and Friends,

It is a pleasure for me and for all the speakers to invite you to the EPOS BAT Advanced Course on Paediatric foot disorders. When Sebastian Farr, as EPOS Educational Committee Chair, asked me to organize a course dedicated to child foot disorders I felt honored and I accepted with pleasure and enthusiasm. While the clubfoot has become an essential issue in paediatric orthopaedic education, other foot deformities have instead never been proposed before for an EPOS course. The aim of this foot course is to give you an update not only on the hot topics, such as the flexible flatfoot, the coalitions and the neurological foot, but also on the less discussed pathologies, but with an important clinical relevance, such as macrodactyly, polydactyly, brachymetatarsy and congenital vertical Talus.

For the "classic" topics we chose new aspects: the neglected clubfoot mainly in humanitarian programmes with less frequent surgical treatments in our countries but very common and current in the developing countries, the recurrent and the atypical clubfoot. For the flexible flatfoot we wanted to get the point up-to-date on the performing surgical techniques like subtalar arthroereisis and bony procedures such as osteotomies as well. Because in the last decade technology has improved and evaluation techniques and tools such kinematics, kinetics, gait analysis, weight bearing CT-scan, are now available for a comprehensive evaluation of foot deformities in children we included this issue in the course.

Moreover, an update on the benign and malignant tumors of the child's foot will be a highlight. Additionally, the participants will engage in hands-on workshops of complex clubfoot casting, subtalar arthroereisis and Ilizarov techniques.

The faculty members invited to collaborate with this course are recognized experts of the topics including Susan Mahan from Boston Children's Hospital who will give us, beside the assigned topics, an overview on the current opinions on child foot deformities treatment in the United States.

I gratefully thank all my colleagues of the faculty for participating.

We are looking forward to meet you in autumn, on 2nd to 3rd October 2025, in a very engaging and stimulating atmosphere, in the beautiful city of Vienna for the first EPOS advanced foot course

See you in Speising!

Warm regards

Maurizio De Pellegrin

Course Chair

Sebastian Farr

EPOS Educational  
Committee Chair  
2022-2025

Carol-C. Hasler

EPOS President  
2024-2025

# Program

Thursday 2 October

Wednesday 1 October  
at Orthopaedic Hospital Speising

16:00-18:00 Registration

## Schedule Topic

## Faculty

07:00 Registration

## Welcome

07:45 Catharina Chiari, Head Dept. of Paediatric Orthopedics and Foot Surgery, Orthopaedic Hospital Speising, Vienna

Manfred Thomas, President, European Foot Ankle Society EFAS

Cristina Alves, Chair, EPOS Educational Committee

07:55 Opening remarks M. De Pellegrin

## The child foot. Examination Techniques

Moderators: C. Alves, C. Radler

08:00 Prenatal diagnosis N. Guindani

08:10 Clinical examination in neonates, children, adolescents C. Alves

08:25 Anatomy changes during growth C. Radler

08:40 X-Ray, CT, MRI. What else? M. Wachowski

08:55 Gait analysis for everyone? M. Wachowski

09:10 Discussion

## Congenital malformations

Moderators: C. Chiari, S. Mahan

09:30 Polydactyly S. Farr

09:45 Macroductyly M. De Pellegrin

10:00 Talus verticalis T. Wirth

10:15 Brachymetatarsy and Clefffoot S. Farr

10:30 Discussion

10:45 Coffee Break

## Clubfoot. Always Ponseti?

Moderators: C. Radler, M. De Pellegrin

11:15 Atypical C. Radler

11:30 Neglected A. Helmers

11:45 Residual C. Alves

12:00 Recurrency A. Kirienko

# Program

Thursday 2 October

Schedule	Topic	Faculty
<b>Severe pediatric foot disorders</b>		
12:15	I prefer an open correction	A. Helmers
12:20	I prefer a progressive correction and an external fixation	A. Kirienko
12:25	Discussion	
13:00	Lunch	
14:00 15:00	Workshop rotation 1	
<b>Flexible Flat foot. What's new?</b>		
Moderators: M. Wachowski, A. Helmers		
15:15	What's a symptomatic flatfoot in children	N. Guindani
15:25	Conservative treatment	T. Wirth
15:35	Surgical treatment	
15:45	-Lateral column lengthening	S. Mahan
16:00	-Arthroereisis	M. De Pellegrin
16:15	Discussion	
16:30	Coffee Break	
<b>Foot disorders in adults</b>		
Moderators: T. Wirth, A. Kirienko		
16:50	Are flatfeet in adults similar to children's flatfeet	M. Thomas
17:00	The most common pediatric foot disorders in adults	M. Thomas
17:15 18:15	Workshop rotation 2	
18:00	End of the day	

# Program

Friday 3 October

Schedule	Topic	Faculty
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## The rigid flatfoot

Moderators: S. Farr, M. Thomas

08:00	Coalitions. The symptoms	C. Alves
08:15	Surgical treatment's options	S. Mahan
08:30	One step surgical correction of coalitio and valgus deformity	M. De Pellegrin
08:45	Discussion	

## The neurological foot

Moderators: C. Alves, N. Guindani

09:00	CP	M. Wachowski
09:15	CMT	S. Mahan
09:30	Cavo varus deformity. Percutaneous surgical approach	J. Knorr
09:45	Discussion	

10:00 Coffee break

10:30 Workshops Rotation 3

11:30

## Tumors in child foot

Moderator: T. Wirth

11:40	Benign tumors	D. Campanacci
11:55	Malignant tumors	D. Campanacci
12:10	Discussion	

## Juvenile Hallux valgus

Moderators: J. Knorr, A. Helmers

12:20	Conservative treatment	N. Guindani
12:30	An algorithmus for surgical treatment' options	S. Mahan
12:45	Discussion	

## Others

13:00	Foot and ankle Sports-related injuries in children	J. Knorr
13:15	What's the role of arthroscopy in management of acute ankle fracture in children?	M. De Pellegrin
13:30	End of the course	

## Future EPOS Educational Events:

### 9<sup>th</sup> EPOS BAT INSTRUCTIONAL COURSE TRILOGY

#### Part I

Speising Orthopedic Hospital, Vienna, Austria | 26-28 November 2025

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### EPOS BAT ADVANCED COURSE

#### Infection

Location (TBC) | January 2026 (TBC)

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### 9<sup>th</sup> EPOS BAT INSTRUCTIONAL COURSE TRILOGY

#### Part II

Speising Orthopedic Hospital, Vienna, Austria | Dates: TBC

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### EPOS BAT ADVANCED COURSE

#### Paediatric Upper Limb

Helsinki, Finland | 25-26 June 2026

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### EPOS BAT ADVANCED COURSE

#### Metabolic bone diseases

Istituto Ortopedico Rizzoli, Bologna, Italy | September/October TBC

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### 9<sup>th</sup> EPOS BAT INSTRUCTIONAL COURSE TRILOGY

#### Part II

Speising Orthopedic Hospital, Vienna, Austria | Dates: TBC

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# Information

## Course fees (incl. 10% VAT)

### Early registration\*

Early registration fees\*(valid until Sunday 7th of September 23:59)

#### Participants

EUR 450.00

#### EPOS & FEPOS members\*\*

EUR 350.00

#### Residents\*\*

EUR 300.00

### Late registration fees

Late registration fees (valid as of Monday 8th of September. No registration possible onsite!)

#### Participants

EUR 550.00

#### EPOS & FEPOS members\*\*

EUR 450.00

#### Residents\*\*

EUR 400.00

\* The early registration fee is only when the payment is made before the early registration deadline

\*\* Proof of status mandatory

### Registration fees include

- Participation to all course educational activities;
- Lunches & Coffee breaks

Expenses related to flights, accommodation, airport transfers, dinners etc. are at the participants' own expense.

## Course language

English – no translation

## CME Credits

In the process.

## Opening hours

Wednesday 1 October 16:00-18:00

(pre-registration, optional)

Thursday 2 October 07:00-18:00

Friday 3 October 08:00-13:30

## Contact

EPOS Central Office

[courses@epos.org](mailto:courses@epos.org)

## Venue

Orthopaedic Hospital Speising

Speisinger Strasse 109

1130 Vienna

Austria

Auditorium: Prof. Spitzzy-Auditorium



Orthopädisches  
Spital Speising

Wien

# Faculty

## Course Faculty

Cristina Alves	Portugal
Domenico Campanacci	Italy
Catharina Chiari	Austria
Maurizio De Pellegrin	Italy
Sebastian Farr	Austria
Nicola Guindani	Italy
Anja Helmers	Germany
Alexander Kirienko	Italy
Jorge Knorr	Spain
Susan Mahan	US
Christof Radler	Austria
Manfred Thomas	Germany
Michael Wachowski	Germany
Thomas Wirth	Germany

## Workshop Rotation Schedule \*

1	Clubfoot casting	A. Helmers, C. Radler
2	Arthroereisis	M. De Pellegrin, N. Guindani
3	Ilizarov principles on the child foot	A. Kirienko
4	Brachymetatarsia correction and lateral column lengthening	C. Alves

\* Workshops subject to last minute changes