

# EPOS NEWSLETTER

July 2023

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Dear EPOS members, colleagues and friends,



It is my pleasure to share the news of the EPOS in this summer edition of our newsletter.

We look back on a very busy year. Fortunately, all meetings and courses could be held as planned. The highlight was the [41st EPOS Annual meeting](#), which took place in the beautiful city of Krakow. During the general assembly new members of the executive committee and other positions within the various committees were elected. Please look up the currently updated information on our [website](#).

On behalf of the Executive Committee, I want to thank the past president Professor Ignacio Sanpera for his great leadership during the last year. We want to congratulate him for the special achievement of implementing the FEPOS program, a European fellowship program for paediatric orthopaedics. Our new president Professor Hakan Ömeroğlu will guide our society through the next year, which will be very special as it is an EPOSNA year. The EPOSNA meeting will be held at Washington DC, USA from May 8th to 11th 2024.

Have a great summer!

**Catharina Chiari**  
Councillor EPOS Executive committee - Contact: [newsletter@epos.org](mailto:newsletter@epos.org)  
Photo: MedUni Wien/feemage

## Presidential Letter by Professor Hakan Ömeroğlu

Dear Members,

I would like to express my gratitude for the trust and support that you have placed in me by electing me as the 30th president of EPOS. It is an honour and privilege to serve as the president of one of the largest and most influential international paediatric orthopaedic societies.

I am pleased to inform you that the 41st Annual Meeting of EPOS held with more than 800 registered participants in Krakow was a great success both scientifically and socially. I would like to extend my heartfelt thanks to everyone who contributed to the organization of this successful event.

As a long-standing member of EPOS, I have carried out various missions in several EPOS committees and I am enthusiastic about leading this esteemed organization. I am confident in my ability to discharge my duties and responsibilities as your president.

Education is a transformative intervention, and as such, we will continue to offer our BAT trilogy, advanced courses, and webinars, which have increased the visibility of EPOS worldwide. RCC courses, both inside and outside the EPOS territory, will also continue. We plan to collaborate with national societies to organize courses, particularly on specific topics, to provide our colleagues with opportunities to attend advanced EPOS courses from the comfort of their homes. We will improve our recent and significant EPOS Clinical Fellowship Program (FEPOS), continue our traveling fellowship programs with sister societies, and offer grants for scientific research as well as for young colleagues to attend the EPOS activities. Additionally, we plan to develop evidence-based EPOS guidelines on the management of some common disorders.

We plan to publish textbook entitled "EPOS Handbook of Paediatric Trauma". We encourage our members to submit their manuscripts to the official journal of EPOS: The Journal of Children's Orthopaedics. We have several activities planned for the EPOS website, including an online library with peer-reviewed recorded lectures and operative techniques, podcasts, and information for parents. Finally, we look forward to the combined EPOS and POSNA meeting (EPOSNA 2024), and we will work together with our POSNA colleagues to provide an outstanding scientific program.

We are committed to strong teamwork, and we believe that all members of the EPOS team are highly capable of performing their significant roles. Your support, guidance, and feedback are crucial in improving the quality of our services, and we welcome your input at any time.

I wish to acknowledge the term of our 29th president, Prof. Ignacio Sanpera, whose leadership of the organization was steady, assured, and pragmatic. His vision for innovation, such as setting up the FEPOS program, has been immensely beneficial, and we will strive to continue his legacy. Stability, continuity, respect, friendship, and the wellness of children can be considered the five essential factors keeping EPOS members motivated to improve our beloved society.

I would like to thank you once again for your trust and support. I will do my utmost to meet and exceed your expectations.

Yours sincerely,

**Prof. Hakan Ömeroğlu**  
EPOS President (2023-2024)



Dear All,

It has been an incredible honor to lead the society during this last year. I must recognize this was an easy task as I was surrounded by a superb team of incredible and enthusiastic workers.

Our annual meeting was undoubtedly very successful. We have been receiving congratulations from our friends from other societies, praising the quality of our meeting and the outstanding setting. My most sincere congratulations to our office, to the reading committee and especially its chair Dr David Farrington, and to our local PCO, who all made it possible.

Finally, a few words about the FEPOS program. As you know, our Fellowship programme has started its path and, as any baby, its first walking steps are difficult and always a bit slower than you would expect. But the progress is steady, and we will keep you posted about novelties.

We want to encourage young orthopedic surgeons interested in Paediatric Orthopaedics to apply. The fellowships will be starting at different periods throughout the year, and a page with the available posts and application requirements during the year 2024 will be ready shortly.

Yours sincerely,

**Ignacio Sanpera**  
EPOS Immediate Past President



**41st Annual Meeting in April 2023, Krakow,  
Poland**



The annual [41st EPOS Meeting](#) was hosted by the city of Krakow – a medieval Polish city, one of the most popular tourist destinations, but at the same time a modern academic center.

Over 820 guests were registered, which is currently one of the best attendance results in the EPOS meetings' history. We were happy to see that among the participants there were 153 young residents and fellows attending the meeting. Both the scientific and social programs were rich and attractive, with over 150 podium presentations (including pre-meeting course on back pain) and interesting e-posters and posters.

We do hope that the scientific enthusiasm did not steal the show from Krakow's attractions, and that the sight of the King's Castle and Vistula River from the conference venue encouraged our guests to discover the city. We would like to express our great gratitude for all the help with organization, creation of a wonderful atmosphere and your numerous presence!



**Barbara Jasiewicz & Bart Kowalczyk**  
Local Hosts

### Stay at the forefront of Paediatric Orthopaedics with your EPOS Membership!



On behalf of the EPOS leadership and the EPOS Membership Committee, please let us take this opportunity to remind all our members to check for any outstanding membership fees and make sure to settle any open payments by 30 September 2023.

To find out about the exact amount due please just login to your [member account](#) and check for the open orders within your account.

We also take this opportunity to remind you once again your unique benefit as an EPOS Member, as follows:

- Be part of a network of European and International peers.
- [Regular EPOS news](#)
- [Access to the Journal for Children Orthopaedics](#)
- Preferential rate for publication in the Journal for Children Orthopaedics
- Reduced registration fee for the EPOS Annual Meetings
- [Eligible to apply for the EPOS Travelling Fellowship in collaboration with POSNA AND SLAOTI](#)
- [Eligible to apply for the EPOS Research Grants](#)

### EPOS 2024 Annual Meeting 2nd EPOSNA Meeting



We are thrilled to announce the upcoming EPOSNA Congress, taking place from 8-11 May 2024 at the prestigious Gaylord National Harbor in Maryland.

This year, the annual meetings of [EPOS](#) (European Paediatric Orthopaedic Society) and [POSNA](#) (Paediatric Orthopaedic Society of North America) will be combined into a single meeting, aiming to create a vibrant platform for global paediatric orthopaedic education and scholarly exchange.

Join us as we bring together leading experts, surgeons, researchers, and educators from around the world to share their knowledge, insights, and best practices.

Located at the exquisite Gaylord National Harbor, this congress offers not only an intellectually stimulating environment but also a beautiful setting overlooking the Potomac River.

We invite you to mark your calendars for the EPOSNA Congress 2024.

**Stay tuned for the opening of the registration!**

### Awards



EPOS is delighted to announce that the following study projects have been accepted in EPOS Research Grant 2022:

#### € 7'000 Grantees

- **Ole Rahbek, Denmark**  
Rigid nailing in fracture treatment in children. Experimental studies on the effects on growth
- **Luca Rigamonti, Marco Bigoni & Franck Accadbled, Italy & France**  
Pure Articular Knee Chondral Fractures in Pediatric Population (PACK project). Is There a Role for Surgical Fixation? A Multicenter EPOS Study
- **Yasmin Haller, Sweden**  
Multicenter registry-based randomized, placebo-controlled trial: Bone preserving drug as a new treatment option for children with Perthes disease?

#### € 2'000 Grantees

- **Pieter Bas de Witte & Dagmar Kempink, The Netherlands**  
Reduction of blood loss in pediatric osteotomies around the hip
- **Emmanuelle Renoul & Anne-Laure Simon, France**  
Identifying the mechanical factors of the pathological remodelling of the femur with numerical modelling in children with Cerebral Palsy
- **Laura Montserrat Pérez López, Spain**  
Guided growth tension-band plates as an innovative treatment to correct cubitus varus in patient with skeletal immaturity, is it the best treatment option?
- **Marcos Carvalho, Portugal**  
Comparative study of the cellular function of osteogenic periosteal cells obtained from congenital pseudarthrosis of the tibia versus contralateral tibial periosteum
- **Adhiambo Witlox, The Netherlands**  
The effect of intrauterine stress on growth plate development and skeletal growth

Best paper & poster winners at 41st Annual Meeting in April 2023, Krakow, Poland:

#### Best Of The Best

- Long-term follow-up of untreated individuals with increased femoral anteversion at a mean age of 45.2 years  
**Anders Grønseth, Norway**
- Health-related quality of life in Idiopathic toe walkers:- A multicentre prospective study  
**Alpesh Kothari, United Kingdom**

#### Best Of Trauma

- Natural outcome and life quality after pediatric spinal compression fractures  
**Sofia Belov, Finland**
- Patient-reported Outcomes Measurement Information System (25-PROMIS®) Scores for adolescents and young adults with a history of pelvic fractures in childhood  
**Yasmin D Haller, Sweden**
- Pediatric forearm fractures treated with bio absorbable intramedullary nails - lessons learned from 118 surgeries  
**Marcell Varga, Hungary**

#### Best Of Neuromuscular

- Medial gastrocnemius muscle growth in ambulant children with spastic cerebral palsy: a prospective longitudinal study  
**Anja Van Campenhout, Belgium**
- Mortality in scoliosis patients with cerebral palsy with and without spinal deformity surgery – a register-based investigation  
**Matti Ahonen, Finland**
- Can a Surgical Vulnerability Score predict outcomes of hip reconstruction in children with severe neuromuscular disability?  
**Caroline Edwards, United Kingdom**
- Long-Term Function of Adults with Arthrogyposis Multiplex Congenital  
**Sharon Eylon, Israel**

#### Best Of Spine

- Night-time detorsion brace in idiopathic Early Onset Scoliosis  
**Briçe İlhareborde, France**
- Back pain and quality of life 10 years after segmental pedicle screw instrumentation for adolescent idiopathic scoliosis. Comparison to age and gender matched untreated AIS patients and Healthy controls (AIS).  
**Matti Ahonen, Finland**
- Can fusion surgery for AIS be prevented by means of growth modulation? Results after anterior Vertebral Body Tethering with follow-up until maturity.  
**Kiril Mladenov, Germany**
- Controlling the progression of curvature in children and adolescent idiopathic scoliosis following the administration of Melatonin, Calcium, and Vitamin D  
**Alexandru Herdea, Romania**

#### Best Of Lower Limb Deformity

- A multicenter cohort study of complications and risk factors in intramedullary bone lengthening nails  
**Markus Winther Frost, Denmark**
- Congenital Pseudarthrosis of the Tibia - The Cross-Union Technique Dramatically Increases the Success Rate  
**Karel Urbásek, Czech Republic**
- Distraction Osteogenesis with Femoral PRECICE® nail. Does canal venting influence regenerate consolidation?  
**Roy Gligi, Israel**

## Educational Activities: [Courses](#)

All the EPOS Courses listed here will take place at the Orthopaedic Hospital Spising in Vienna, Austria.

- **6-7 September 2023**  
EPOS BAT ADVANCED COURSE – RARE BONE DISEASES

Rare bone diseases might be characterized by short stature, bony deformities, frequent fractures, bony lesions and pain as well as other extra-skeletal symptoms and complications, and might be divided into two main categories.

skeletal dysplasias and metabolic disorders. Although the individual diagnoses are rare, all rare bone diseases together represent a significant and challenging group of patients for the pediatric orthopedic surgeon. Management of these complex patients requires a multidisciplinary approach.

The aim of this course is to provide the current status on diagnostics and evaluation of upper and lower limb problems in patients with rare bone diseases, and the "best practice" approach for treatment of deformities and fractures.

The faculty includes orthopedic surgeons and pediatricians in order to provide knowledge not only on skeletal problems, but also other medical challenges.

[Scientific Program](#) | [Registration](#)



**EPOS Advanced Course**  
Rare Bone Diseases

Vienna, Austria: 6-7 September 2023

- **15-17 November 2023**  
7th EPOS BAT INSTRUCTIONAL COURSE TRILOGY (PART III)  
Registration will open towards the end of summer 2023.

- **24-25 January 2024**  
EPOS BAT ADVANCED COURSE - FUNDAMENTALS OF PEDIATRIC SPINE DEFORMITIES  
1.5-day course finishing lunch time on the 25th of January  
This event is aimed at pediatric orthopedic surgeons and fellows who want to improve their knowledge on pediatric spinal deformity assessment and management.  
During the past years, progress has advanced the understanding and treatment of many aspects of pediatric spinal deformity that have resulted in new clinical applications and new treatment options.  
Several renowned experts in the field will deliver multiple lectures addressing all aspects of pediatric spinal deformity, including new diagnostic tools, indication for surgery and management of complications.

[Scientific Program](#) | [Registration](#)



**EPOS Advanced Course**  
Fundamentals of Pediatric Spine Deformities

Vienna, Austria: 24-25 January 2024



**\*\*\*IMPORTANT!\*\*\***  
You have a possibility to participate in both January Advanced Courses: Spine surgery course (24-25 January 2024) and Tumor & Infection surgery course (25-26 January 2024) and pay a **combined REDUCED registration fee**.  
For further information, please visit the dedicated course page.

- **25-26 January 2024**  
EPOS BAT ADVANCED COURSE – PEDIATRIC MUSCULOSKELETAL TUMORS COURSE  
1.5-day course starting after lunch break on the 25th of January  
Registration will open late autumn 2023.

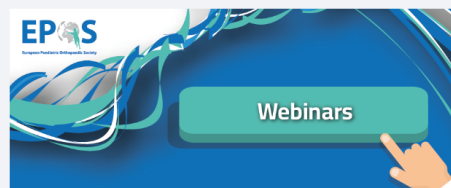
- **6-8 March 2024**  
8th EPOS BAT INSTRUCTIONAL COURSE TRILOGY (PART I)  
Registration will open by the end of the year 2023.

- **20-21 June 2024**  
EPOS BAT ADVANCED COURSE - DDH AND HIP ULTRASOUND  
Registration will open beginning of 2024.



**EXCITING NEWS:**  
**EPOS BAT TRILOGY SCHOLARSHIPS ARE BACK!**  
Call for applications will open October 2023 and close on Sunday 17th of December 2023!  
Please note that for the 8th EPOS BAT Trilogy starting as of March 2024, five scholarships will be available.  
Criteria and application details on the [EPOS website under Education](#) as of October 2023.

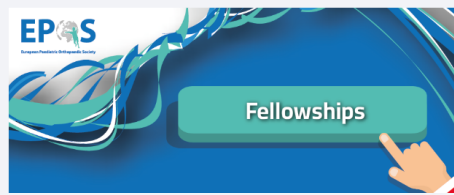
## Educational Activities: [EPOS webinars](#)



Since 2020 EPOS has organized three series of live webinars. All the replays can be watched on the official [EPOS YouTube channel](#).

If you would like to hear more about the latest updates concerning the [EPOS E-events web](#), please contact us via the email [courses@epos.org](mailto:courses@epos.org) to request to be added in the EPOS Webinar mailing list.

## Educational Activities: [Travelling Fellowships](#)



EPOS-POSNA Travelling Fellowship 2023 was held earlier this spring in the US EPOS fellows visiting several host centers which then culminated in the participation of the POSNA Annual Meeting which was held in Nashville, Tennessee.

If you would like to hear more about this exciting and inspirational fellowship experience, please [read the Fellowship Report submitted by the fellows](#).

The application deadline for the **2024 Travelling Fellowship** is 30th of September 2023. [More information including eligibility](#)

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