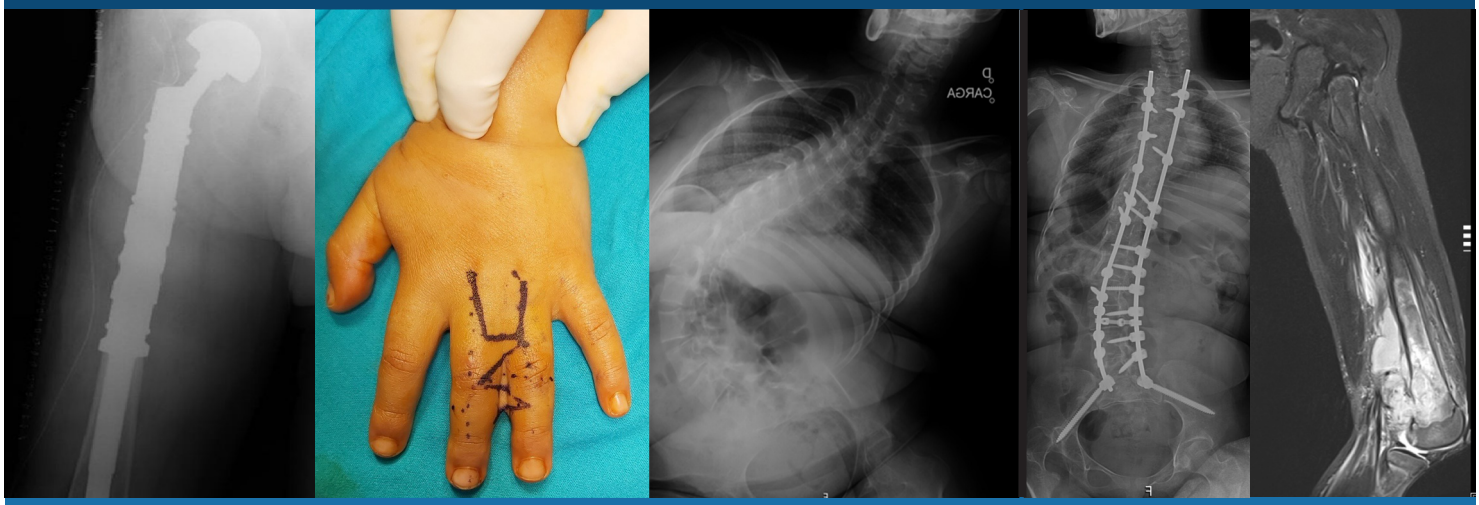
European Paediatric Orthopaedic Society

# 9th EPOS BAT Instructional Trilogy Course

## Vienna, Austria: 25–27 November 2026



## Part III – Paediatric Orthopaedics Basic II

### Highlights

- Spine Disorders
- Cerebral Palsy
- Neuromuscular Diseases
- Upper Limb Deformities and Malformations
- Bone Tumours
- Musculoskeletal Infections

### Methods of education

- Theoretical lectures
- Controversial Topics
- Techniques in Paediatric Orthopaedics
- Case discussions
- Workshops
- Keynote Lecture

info www.epos.org/education

# Welcome

Dear Colleagues,

It is a pleasure to invite you to the 9th EPOS BAT Instructional Course Trilogy Part III – Basic II Course, which will be held in Vienna, at the Speising Hospital on 25-27 November 2026.

EPOS BAT (Basic, Advanced & Traumatology) Trilogy is a cornerstone of the EPOS Educational Programme and includes three consecutive events (Basic I, Trauma, and Basic II Courses), meeting the requirements of the core curriculum in Paediatric Orthopaedics set by the European Federation of National Associations of Orthopaedics and Traumatology (EFORT) and European Board of Orthopaedics and Traumatology (EBOT).

Participants may start the EPOS BAT Trilogy at Basic I, Trauma, or Basic II courses and will obtain the Trilogy Diploma once they successfully complete these three courses. Since May 2011, almost 700 physicians from 60 countries have completed the BAT Trilogy.

This Part III of the BAT Trilogy is aimed at residents who want to improve their understanding of Children's Orthopaedics and also at all orthopaedic surgeons who wish to update their knowledge.

This course will provide a greater understanding of children's orthopaedics via a problem-solving approach to the diagnosis and management of neuro-orthopaedics, spine, upper limb, tumours and musculoskeletal infections in children, based on the faculty's experience and best current evidence.

The faculty includes internationally renowned experts in paediatric orthopaedics from all over Europe, who will provide theoretical lectures, engage in debates, share pearls on surgical techniques, and dynamise case discussions. Acknowledging that treatment innovations often arise from collaboration between industry and clinicians, this course also includes industry workshops, which will contribute to enhancing participants' educational experience.

We are looking forward to welcoming you to the Orthopaedic Hospital Speising in Vienna in November 2026. We will do our utmost to exceed your expectations!

Yours sincerely,

Cristina Alves
EPOS Education Committee Chair 2025–2028

Catharina Chiari
Local host

Ralph Sakkers
EPOS President 2026–2027

# Programme

Wednesday 25 November

Tuesday 24 November
at Orthopaedic Hospital Speising

16:00–18:00 Pre-registration (optional)

| Schedule | Topic | Faculty |
|---|---|---|
| 07:00 | Registration | |
| 08:00 | Opening and welcome | C. Alves<br>C. Chiari<br>R. Sakkers |

## Session I: Scoliosis

Moderator: R. Sakkers

| | | |
|---|---|---|
| 08:05 | Spinal Growth | D. Farrington |
| 08:15 | Clinical Examination and Imaging | C. Alves |
| 08:25 | Idiopathic Scoliosis | D.Studer |
| 08:35 | Early Onset Scoliosis | M. Yazici |
| 08:45 | Discussion | |

## Session II: Other Spine Problems

Moderator: E. Viehweger

| | | |
|---|---|---|
| 09:10 | Scheuermann's Disease | M. Yazici |
| 09:20 | Spondylolysis and Spondylolisthesis | D. Farrington |
| 09:30 | Back Pain | D. Studer |
| 09:40 | Discussion | |
| 10:00 | Workshop Rotation 1 | |
| 11:00 | Coffee break | |

## Session III: Cerebral Palsy - The Basics

Moderator: M. Yazici

| | | |
|---|---|---|
| 11:30 | Definition, Classification and Clinical Examination | A. Krebs |
| 11:40 | Principles of Gait Analysis | A. Kranzl |
| 11:50 | Non-operative treatment Options | M. Inan |
| 12:00 | Hip Problems | E. Viehweger |
| 12:10 | Knee Problems | A. Presedo |
| 12:20 | Foot Problems | A. Krebs |
| 12:30 | Discussion | |
| 13:00 | Lunch | |

# Programme

Wednesday 25 November

| Schedule | Topic | Faculty |
|---|---|---|
| **Session IV: Cerebral Palsy – Controversies** | | |
| | Moderator: I. Balacó | |
| 14:00 | Upper Limb Problems | S. Martinez |
| 14:10 | Spine problems | M. Yazici |
| | Cross-Fire: Single Event Multilevel Surgery | |
| 14:20 | Just Do It! | E. Viehweger |
| 14:30 | Don‘t Even Think About It! | M. Inan |
| | Cross-Fire: Twisted Spine and Migrating or Dislocated Hip | |
| 14:40 | Get the Spine Straight First! | A. Presedo |
| 14:50 | Take Care of the Hip First! | D. Farrington |
| 15:00 | Discussion | |
| **Case Presentations: Spine** | | |
| | Moderator: D. Farrington | |
| 15:20 | Case presentations by participants | |
| 15:50 | Coffee break | |
| 16:20 | Workshop Rotation 2 | |
| 17:10 | End of day 1 | |
| 20:00 | Course dinner | |

# Programme

Thursday 26 November

| Schedule | Topic | Faculty |
|---|---|---|
| **Session V: Other Neuro-Orthopaedics – Key Concepts** | | |
| | Moderator: C. Alves | |
| 08:00 | Myelomeningocele | A. Krebs |
| 08:10 | Muscle Dystrophies | E. Viehweger |
| 08:20 | Hereditary Motor and Sensory Neuropathies | M. Inan |
| 08:30 | Spinal Muscle Atrophy | A. Presedo |
| 08:40 | Neuromuscular Scoliosis | M. Yazici |
| 08:50 | Discussion | |
| 09:20 | Workshop Rotation 3 | |
| 10:20 | Coffee break | |
| **Case Presentations: Cerebral Palsy and Neuromuscular** | | |
| | Moderator: E. Viehweger | |
| 10:50 | Case presentations by participants | |
| 11:20 | Workshop Rotation 4 | |
| **Session VI: Upper Limb Problems** | | |
| | Moderator: L. Van der Heijden | |
| 12:20 | Upper Limb Growth and Clinical Examination | M. Carvalho |
| 12:30 | Neonatal Brachial Plexus Injury | N. Catena |
| 12:40 | Congenital Malformations of the Elbow, Forearm and Wrist | S. Martinez |
| 12:50 | Congenital Malformations of the Shoulder | S. Farr |
| 13:00 | Discussion | |
| 13:20 | Lunch | |

# Programme

Thursday 26 November

| Schedule | Topic | Faculty |
|---|---|---|
| **Session VII: Hand Conditions** | | |
| | Moderator: M. Inan | |
| 14:20 | Common Congenital Hand Differences | S. Farr |
| 14:30 | Radial Longitudinal Deficiency | N. Catena |
| 14:40 | Syndactyly | S. Martinez |
| 14:50 | Polydactyly | M. Carvalho |
| 15:00 | Discussion | |
| **Case Presentations: Upper Limb** | | |
| | Moderator: N. Catena | |
| 15:20 | Case presentations by participants | |
| 15:40 | Workshop Rotation 5 | |
| 16:30 | End of day 2 | |

# Programme

Friday 27 November

| Schedule | Topic | Faculty |
|---|---|---|
| **Session VIII: Basics About Bone Tumours** | | |
| | Moderator: S. Martinez | |
| 08:10 | Pearls and Tricks on Clinical Aspects | I. Balacó |
| 08:20 | Radiological Aspects of Bone Tumours | C. Alves |
| 08:30 | Biopsy and Treatment Principles | L. van der Heijden |
| 08:40 | Discussion | |
| **Session IX: Bone Tumours Detailed** | | |
| | Moderator: M. Carvalho | |
| 09:00 | Synopsis of Common Benign Bone Tumours | C. Alves |
| 09:10 | Synopsis of Common Malignant Bone Tumours | I. Balacó |
| 09:20 | Types of Resections and Reconstructions | L. van der Heijden |
| 09:30 | Spine Tumours | D. Studer |
| 09:40 | Discussion | |
| **Session X: Musculoskeletal Infections** | | |
| | Moderator: A. Presedo | |
| 10:10 | Septic Arthritis | M. Carvalho |
| 10:20 | Acute and Subacute Osteomyelitis | I. Balacó |
| 10:30 | Chronic Osteomyelitis | L. van der Heijden |
| 10:40 | Common Sequelae After Infection | C. Alves |
| 10:50 | Discussion | |
| 11:10 | Coffee break | |
| **Case Presentations: Tumours and Infections** | | |
| | Moderator: I. Balacó | |
| 11:30 | Case presentations by participants | |
| 12:00 | Keynote Lecture: How to Take Good Care of Complex Patients | R. Sakkers |
| 12:10 | Take Home Messages & Trilogy Diplomas & Closing Remarks | C. Alves<br>R. Sakkers |
| 12:30 | End of course | |

# Information

## Course fees

(incl. 10% Austrian VAT)

### Early registration*

(Valid until Sunday 25 October 2026 23:59 CET)

| | |
|---|---|
| Participants | €720.00 |
| EPOS Members** | €600.00 |
| Residents** | €540.00 |

### Late registration

(Valid as of Monday 26 October 2026)

| | |
|---|---|
| Participants | €840.00 |
| EPOS Members** | €720.00 |
| Residents** | €600.00 |

### Course dinner

| | |
|---|---|
| All participants | €60.00 |

### Registration fees include

- Participation in all course educational activities
- Lunches & coffee breaks

Expenses related to flights, accommodation, airport transfers, dinners etc. are at the participants' own expense.

### Cancellation policy

- More than 4 weeks prior to the starting date: An administrative fee of 100 EUR will be charged.
- Less than 1 month prior the starting date: 50% of the paid registration fee will be charged.
- 2 weeks prior the starting date: 100% of the paid registration fee will be charged and no reimbursements will be made.

* The early registration fee is only valid when the payment is made before the early registration deadline

** Proof needs to be uploaded depending on the registration category chosen

## Course language

English – no translation

## Course content

The programme is subject to change.

## Opening hours

| | |
|---|---|
| Tue 24 Nov.: | 16:00–18:00 (Pre-registration, optional) |
| Wed 25 Nov.: | 07:00–17:15 |
| Thu 26 Nov.: | 07:45–16:45 |
| Fri 27 Nov.: | 07:45–12:30 |

## Contact

EPOS Central Office
courses@epos.org

## Venue

Orthopädisches Spital Speising
Wien

Orthopaedic Hospital Speising
Speisinger Strasse 109
1130 Vienna, Austria
Location: Prof. Spitzy-Auditorium

This course is approved by MedTech:

MedTech Europe
from diagnosis to cure

# Information

## Course Faculty

- Cristina Alves – Hospital Pediátrico de Coimbra, Portugal
- Inês Balacó – Hospital Pediátrico de Coimbra, Portugal
- Marcos Carvalho – Hospital Pediátrico de Coimbra, Portugal
- Nunzio Catena - IRCCS Istituto Giannina Gaslini, Genova, Italy
- Sebastian Farr – Orthopaedic Hospital Vienna-Speising, Austria
- David Farrington – Orthopediatrica, Seville, Spain.
- Lizz Van Der Heijden – Princess Máxima Center for Pediatric Oncology, Utrecht, Netherlands
- Muharrem Inan - Ortopediatri Children‘s Orthopedics Academy Istanbul, Turkey
- Andreas Kranzl – Orthopaedic Hospital Vienna-Speising, Austria
- Alexander Krebs – Orthopaedic Hospital Vienna-Speising, Austria
- Sergio Martinez – Hospital Infantil Universitario Niño Jesus, Madrid, Spain.
- Ana Presedo – Hôpital Robert-Debré, Paris, France.
- Ralph Sakkers - Wilhelmina Children‘s Hospital, Utrecht, Netherlands.
- Daniel Studer – University Children’s Hospital Basel, Switzerland
- Elke Viehwegger – University Children’s Hospital Basel, Switzerland
- Muharrem Yazici – Hacettepe University, Ankara, Turkey.

## Course Programme Committee

- Cristina Alves, Course Programme Coordinator and EPOS Education Committee Chair 2025-2028
- Catharina Chiari, Local Host
- Ralph Sakkers, EPOS President 2026-2027

# Upcoming Events

## Future EPOS Educational Events:

EPOS BAT ADVANCED COURSE
Hip Surgery from Infancy to Adult
27–29 January 2027

EPOS BAT ADVANCED COURSE
Cadaver Lab Spine Course
Dates & Venue TBC

10th EPOS BAT INSTRUCTIONAL COURSE TRILOGY
PART I
10–12 March 2027

EPOS BAT ADVANCED COURSE
Neuromuscular Course
10–11 June 2027

EPOS BAT ADVANCED COURSE
Complex Trauma
7–8 October 2027

10th EPOS BAT INSTRUCTIONAL COURSE TRILOGY
Part II
17–19 November 2027

10th EPOS BAT INSTRUCTIONAL COURSE TRILOGY
Part III
8-10 March 2028

EPOS BAT ADVANCED COURSE
Arthroscopic Cadaver Lab Course
22-23 June 2028

EPOS BAT ADVANCED COURSE
Trauma Course
September 2028

11th EPOS BAT INSTRUCTIONAL COURSE TRILOGY
Part I
22-24 November 2028

# Industry-Sponsored Workshops

## Industry-Sponsored Workshops

Please note that Industry-Sponsored Workshops are not awarded with CME credits.

| Station | Workshop | Faculty |
|---|---|---|
| 1 | Distal Femur Extension Osteotomy | A. Presedo<br>A. Krebs<br>I. Balacó,<br>L. Van Der Heijden |
| 2 | Spine Instrumentation | D. Farrington<br>M. Yazici<br>D. Studer |
| 3 | Proximal Femur Varus Derotation Osteotomy | M. Inan<br>R. Sakkers<br>C. Alves |
| 4 | Gait Lab | A. Kranzl<br>E. Viehwegger |
| 5 | Upper Limb – Case Discussion | M. Carvalho<br>N. Catena<br>S. Martinez<br>S. Farr |

Workshops schedule and content subject to last-minute changes.
Disclaimer: Please note that there is a variety of different similar products available that can be used beyond the ones provided at this event.