London Paediatric Orthopaedic Meeting

18 June 2020

Venue: UCL Great Ormond Street Institute of Child Health
CPD: 6 credits

UCL Great Ormond Street Institute of Child Health
30 Guilford Street
London
WC1N 1EH

By tube:
By tube: Russell Square (Piccadilly Line) is just a 5 minute walk.

By train:
Kings Cross is a 10 minute walk, Euston is a 15-20 minute walk.
London Paediatric Orthopaedic Meeting
18 June 2020
Venue: UCL Great Ormond Street Institute of Child Health, London

Meeting convenors:
Mr Michail Kokkinakis, Consultant Paediatric Orthopaedic Surgeon, Evelina London Children’s Hospital
Mr Gavin Spence, Consultant Paediatric Orthopaedic Surgeon, Great Ormond Street Hospital for Children
Ms Andrea Yeo, Consultant Paediatric Orthopaedic Surgeon, St George’s University Hospital
Ms Anna Bridgens, Paediatric Orthopaedic Fellow, Evelina London Children’s Hospital

A new one-day multidisciplinary meeting for all clinicians who treat paediatric orthopaedic patients, including surgeons, physiotherapists, nurses, occupational therapists, and physician’s associates. We plan to skip the basics and the free papers in favour of succinct clinical updates and lively, relevant debate. The format includes general plenary sessions of relevance to all, followed by in-depth workshops which participants may choose according to their own specific clinical interests. The aim is to provide a forum where clinicians involved in the care of paediatric orthopaedic patients can hear about the latest developments and thinking on specific areas of practice we all find difficult.

The four areas chosen for this meeting are:
• The different surgical options for severe hip pathology in paediatric patients
• The new challenges of lengthening intramedullary nails in limb reconstruction
• Controversies in paediatric trauma
• Controversies in the orthopaedic management of cerebral palsy

By the end of the meeting participants will have taken part in extensive and detailed discussion of these four areas, which will allow them to develop their own practice in an evidence-based, logical, and up-to-date manner. They will have a better understanding of the controversies, the challenges and pitfalls, the resources needed, and (hopefully!) of consensus where that is appropriate. They will also have the opportunity to meet other practitioners in the field and build networks for referral and working together in the future.

Call for abstracts
Consultants, trainees, and AHPs are invited to submit abstracts for the LPOM poster presentation prize (£300). Abstracts should focus on the areas of trauma, hips, cerebral palsy, limb reconstruction and rehabilitation in relation to paediatric orthopaedics.

Submission deadline: Friday 27 March 2020
Email events@oruk.org for further information.

Programme

Thursday 18 June 2020

08:30 Registration and refreshments
08:55 Introduction and welcome
Meeting convenors

TRAUMA: Redesigning children’s fracture services
Chair: Ms Andrea Yeo
09:00 The evolution of children’s fracture care: making it fit for purpose
Mr Philip Henman, Consultant Orthopaedic Surgeon, Great North Children’s Hospital
09:15 Paediatric virtual fracture clinic: from concept to reality
Mr Tom Crompton, Consultant Orthopaedic Surgeon, Brighton and Sussex University Hospitals NHS Trust
09:30 NHS and the digital age
Ms Lucy Cassidy, MSK Transformation Director, Healthcare Business Solutions UK Ltd
09:45 Discussion

HIP: How should I best treat slipped capital femoral epiphysis (SCFE)?
Chairs: Sanjeev Madan and Aresh Hashemi-Nejad
10:00 Is pinning in situ still the gold standard?
Mr Pranai Buddhdev, Locum Consultant Paediatric Orthopaedic Surgeon, Broomfield & Addenbrooke’s Hospitals
10:10 Surgical dislocation - who should perform this procedure and which patients benefit from it?
Mr Michail Kokkinakis, Consultant Paediatric Orthopaedic Surgeon, Evelina London Children’s Hospital
10:20 Subcapital osteotomy via anterior approach - a safe alternative to surgical dislocation?
Mr Aresh Hashemi-Nejad, Consultant Orthopaedic Surgeon, RNOH
10:30 Can hip arthroscopy deal adequately with SCFE?
Mr Wael Dandachli, Consultant Orthopaedic Surgeon, University Hospitals Coventry and Warwickshire Honorary Associate Professor, University of Warwick
10:40 What is the role of intertrochanteric osteotomies
Mr Ed Bache, Consultant Paediatric Orthopaedic Surgeon, Birmingham Children’s Hospital
10:50 Discussion
11:00 Refreshments

CEREBRAL PASY: Botulinum toxin and its evolving role in the management of CP
Chair: Mr David Wright
11:30 The natural history of muscle development in spastic CP and the effect of botulinum toxin injections
Dr Adam Shorland, Consultant Clinical Scientist, Evelina London Children’s Hospital
11:45 The rationale of using botulinum toxin in cerebral palsy
Mr Martin Gough, Consultant Paediatric Orthopaedic Surgeon, Evelina London Children’s Hospital
12:00 Other options for managing spasticity - SDR & ITB
Mr Guy Atherton, Consultant Paediatric Orthopaedic Surgeon, Bristol Royal Hospital for Children
12:15 Discussion
12:30 External fixation in paediatric limb reconstruction - tips for successful outcomes
Mr Robert Hill, Consultant Paediatric Orthopaedic Surgeon, The Portland Hospital

12:50 Lengthening intramedullary devices – a game-changer?
Professor Rainer Baumgart, Head of Center, ZEM-Germany, Center of Corrective & Reconstructive Limb Surgery, Munich

13:10 Discussion

13:30 Lunch

TRAUMA: Sports injuries in children
Chair: Mr Nick Nicolaou

14:30 The child athlete - a different breed?
Dr Jane Simmonds, Clinical Specialist Physiotherapist & Principal Teaching Fellow, UCL Great Ormond Street Institute of Child Health

14:45 Paediatric ACL injuries
Ms Joanna Thomas, Paediatric Orthopaedic Consultant, University Hospital Southampton

15:00 Rehabilitating paediatric ACL injuries
Ms Emma Martin, Specialist Paediatric Physiotherapist, University Hospital Southampton

15:15 Discussion

15:30 Close

LIMB RECONSTRUCTION: What are the options in 2020?
Chair: Mr Gavin Spence

12:30 External fixation in paediatric limb reconstruction - tips for successful outcomes
Mr Robert Hill, Consultant Paediatric Orthopaedic Surgeon, The Portland Hospital

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13:10 Discussion

13:30 Lunch

LIMP RECONSTRUCTION: Lengthening intramedullary nails
Chair: Mr Gavin Spence

15:00 What is the evidence for intervention?
Mr Martin Gough, Consultant Paediatric Orthopaedic Surgeon, Evelina London Children’s Hospital

15:50 Pitfalls in lengthening intramedullary nails
Professor Franck Accadbled, Vice Chairman Paediatric Orthopaedics and Fellowship Director, The Children’s Hospital, Toulouse

16:05 When should we be operating?
Mr Fabian Norman-Taylor, Consultant Paediatric Orthopaedic Surgeon, Great Ormond Street Hospital for Children

16:20 Do we need to do an open reduction?
Mr David Wright, Consultant Paediatric Orthopaedic Surgeon, Alder Hey Children’s Hospital

16:35 The role of 3D ultrasound in assessing hip migration
Mrs Rebecca Kay, Clinical Scientist, One Small Step Gait Laboratory Guy’s Hospital

16:40 Discussion

16:50 Close

CEREBRAL PALSY: Hip management in cerebral palsy
Chair: Mr Guy Atherton

15:50 What is the evidence for intervention?
Mr Martin Gough, Consultant Paediatric Orthopaedic Surgeon, Evelina London Children’s Hospital

16:05 Deformity correction with intramedullary devices
Professor Rainer Baumgart, Head of Center, ZEM-Germany, Center of Corrective & Reconstructive Limb Surgery, Munich

16:20 Challenges in rehabilitation after lengthening nail surgery
Ms Deborah Jackson, Specialist Paediatric Orthopaedic Physiotherapist, Great Ormond Street Hospital for Children

16:35 Discussion

16:50 Close

We are most grateful for the support of our sponsors

Registration fees
Consultant: £99
Trainee: £80
Allied Health Professional: £75 (includes physiotherapists)
Retired/Student: £65 (strictly only for those earning a salary of less than 16k pa)

Registration with ORUK is essential before registering online for this meeting. Upon registration you will be given the option to book this meeting online.

Registration with ORUK is free and open to all, join online here: www.oruk.org/register